



Walk MS: Seattle

Sunday, April 7, 2019

Site open: 8:00 a.m.–1:00 p.m.

Opening ceremony: 9:45 a.m.

Walk begins: 10:00 a.m.

Start Location & Parking:

University of Washington Campus

Start: Lot E1 off Montlake Blvd

Parking: Lot E1 off Montlake Blvd

Route: 4.6 miles on paved, mostly flat walkways

- Follow Montlake Blvd NE south to light rail pedestrian overpass
- Continue up ramp, through Rainier Vista to join the Burke-Gilman Trail.
- Continue on Burke-Gilman Trail under I-5 and along N. Pacific St
- Turn around at Gas Works Park (2.3 miles)
- Leaving Gas Works, bear right onto N. Northlake Way and walk along left side of road
- After ¼ mile, take a slight left up 2nd Ave NE and follow path
- Rejoin Burke-Gilman Trail and follow same back to start/finish

